

# PRE-MEDICINE

## PRE-MED STUDIES

Graduation Year: 2009

### PERSONAL INFO

#### DIWANTE SHUFORD

123 Sample Ave  
Dolton, Illinois 60419  
**Home:** 555-555-5555  
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hiddenemail@yahoo.com



**Birthdate:** x/x/1990

**Age:** 18

**US**

**Citizen/Permanent:** Yes

**Resident:**

**Parent(s):** Wanda  
Brown  
Dillard  
Shuford

**Children in Family:** 2

**Ethnicity:** Black (Non-Hispanic)

### ACADEMIC INFO

#### Thornton High School

15001 Broadway  
Harvey, IL 60426  
708-596-1000

**Class of:** 2009

**GPA:** 4.08 / 4.0 **Class Rank:** 17 / 493

#### Test Scores

**ACT:** 24

**Languages Spoken:** English

**Pre-College Program:** Upward Bound

### AWARDS AND ACHIEVEMENTS

<b>Dean's List</b>	I received this award for having a 4.0 GPA.	Dec 2006-Dec 2007
<b>Perfect Attendance</b>	Never had a tardy or absence for a certain amount of time	Aug 2006-Dec 2006
<b>Mathletes S.I.C.A. Champions</b>	The Mathletes won conference and became champions.	Aug 2007-May 2008
<b>Mathletes: All Conference Honors</b>	This award is given to honor individuals who have made the most points throughout the Mathletes season.	Aug 2007-May 2008
<b>Chess Team: 11th in the State on Board 3</b>	I was 11th in the state tournament on board 3. I was undefeated in the tournament.	Mar 2008
<b>Certificate of Completion in the Health Professions Recruitment and Exposure Program</b>	Award given for students who excelled in medicine and completed the HPREP program.	Jan 2009-Feb 2009
<b>Student Council Officer</b>	As Treasurer of Student Council, I handled the money that was raised through different events that took place. I also presented ideas to the student council about different ways of making more money. I dealt with the money for activities such as dances, candy sells, and flower sells. I also helped organize community service activities like can drives.	Apr 2007-Aug 2008
<b>National Honor Society</b>	I am part of this program for having at least a 3.2 GPA and a good background in community service. The program does volunteer service for the community. We are looked at as the leaders of the school because of our background in high school.	Dec 2007-Mar 2009
<b>Dean Ross Award of Excellence</b>	The award was given to me because of my excellent behavior and because I did not have any tardies.	Aug 2007-May 2008
<b>Youth Leadership Award</b>	Award given for marvelous leadership at the National Youth Leadership Conference in Washington D.C. We went in-depth in politics and history. I did many political simulations and participated in debates about the different parties.	Oct 2007
<b>Mayor's Youth Leadership Award</b>	This award is given to the student who has contributed the most to the community, being both leadership and community service. Another factor is who has participated in fundraisers to raise scholarship money and who has gained the most experience from the program.	Aug 2007-May 2009
<b>Certificate of Completion of the Engineer Mentoring Academy</b>	This was an engineer program in which we designed bridges and created virtual houses and other buildings. We also participated in projects with civil engineers.	Jan 2009-Feb 2009
<b>Certificate of Completion of the Pathways to Pharmacy</b>	This certificate was given to me for completing the UIC College of Pharmacy: Pathways to Pharmacy Summer Program. We did internships, and went through in-depth learning with the field of	Jun 2008-Aug 2008

	Pharmacy.	
<b>Chess Team: 3rd place on 5th board</b>	I was third place on board five in the S.I.C.A conference my sophomore year.	Dec 2006-Feb 2007
<b>Chess Team: 3rd place Junior Medal</b>	I was one of the top three juniors in my conference.	Aug 2007-Feb 2008
<b>Chess team: S.I.C.A Conference Champions</b>	Our team won the S.I.C.A. trophy for having the best record in team games.	Aug 2007-Feb 2008

### GROUPS AND ACTIVITIES

<b>Chess Club</b>	Competition with other students at different schools. Student skill levels are determined by the board numbers 1-8. One being the best and eight being the worst. I am currently board #2 and I am the Co-Captain of the team.	Dec 2006 - Feb 2009
<b>Science Club</b>	We do science projects and different experiments on biology. We also tend to our science garden, and set up science events for the school. I am currently the Vice President of Science Club. I have to be at every meeting, I help make decisions with the other officers, and I preside over meetings in absence of the President.	Dec 2005 - Present
<b>Matheletes</b>	Math competitions held with students from other schools. Awards are given in the major competition, and many students participate to either compete or improve their math skills.	Dec 2006 - Feb 2009
<b>Upward Bound</b>	Upward Bound is a college prep program that prepares students for college. They assist seniors with financial aid and with completing college applications. The program also conducts college tours that gives students a view of which colleges are for them.	Nov 2006 - Present
<b>Pharmacy Club</b>	This is a program for students who are interested in the health field. It focuses on mainly Pharmacy but it also focuses on other health careers as well. The program consist of a summer program at UIC, and an opportunity to take college courses in pharmacy.	Jun 2008 - Present
<b>Students Against Violence Everywhere</b>	This is a organization built on decreasing violence in the school. We speak out to the students of the school to help the students realize what violence causes. We also set up community service activities such as teddy bear drives and speaking to elementary schools about being against violence. We also develop leadership skills and speaking skills, due to everyone having to speak in the public about our goals. I am currently treasurer of this organization and I keep track of the money and participate in the discussions of what to do with the money. Since I have that position I also have to speak on behalf of the organization to other people.	Dec 2006 - Present
<b>National Honor Society</b>	This is a leadership organization that are the role models of the school. We volunteer in the community and we have fundraisers to help the soldiers in Iraq and the homeless. We volunteer in food drives, tutor, and we speak to students at different elementary schools. I am currently historian of the organization. I create the Power Points, take the pictures, make the flyer, and I'm in charge of the 2009 National Honor Society picture Album.	Nov 2007 - Present
<b>Mayor Shaw's Youth Leadership Academy</b>	This is a community organization. We learn about history and develop speaking skills. We do community service throughout the town. The things that we do include: parades, cancer walks, and fund raising for scholarships. At the end of the year the top five students are awarded scholarships from the money raised. It is determined through leadership and community service.	Aug 2007 - Present
<b>Health Profession Recruitment and Exposure Program</b>	This was a weekly program where I learned about medicine. The program created an environment in which we could learn about the anatomy of the body and go through actual medical school classes. I was awarded the chance to go to another medical summer program for my overall performance in the HPREP program.	Jan 2009 - Feb 2009
<b>Senior Citizen Home</b>	On my free time I volunteer my time helping the senior citizens. I just basically talk to them and I play many games with them. Whenever they need something I try to assist them.	Feb 2008 - Present
<b>Recycling</b>	For my engineering class we started a recycling group for the school. We pick up the paper every week and recycle.	Jan 2009 - Present
<b>Tutor</b>	I tutor high school students in math and science at least three times a week. Currently I tutor both in the Academic Resource Center through National Honor Society and with Upward Bound.	Jan 2006 - Present

### REFERENCES

<b>Calvin Starks</b>	<b>Relationship:</b> Teacher	<b>Phone:</b> (555)555-5555	<b>Email:</b> hiddenemail@email.net
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Mr. Stark is my AP Chemistry Teacher and one of my favorite because he truly cares. He takes the time out to provide opportunities for the students, and he has provided me with many opportunities to prepare for my future endeavors. He probably knows me better than any other teacher at the school.

**Tynesha Collins**      **Relationship:** Upward Bound Academic Advisor      **Phone:** (555)555-5555      **Email:** [hiddenemail@yahoo.com](mailto:hiddenemail@yahoo.com)

Ms. Collins is my academic advisor at Upward Bound. She has been a great help with my college applications and my scholarships. I feel comfortable talking to her about different things because her feedback is always good. Without her helping me with my application I would have had the hardest time trying to do it myself.

**Paul Carr**      **Relationship:** Counselor      **Phone:** (555)555-5555      **Email:** [hiddenemail@email.net](mailto:hiddenemail@email.net)

Mr. Carr has always been a great help to my education. After he nominated me to attend the conference in Washington D.C., we struck a great relationship. I usually come by his office to talk about my goals and aspirations. He assists me by telling me about the scholarships I should fill out, or the programs that would be great for my major. Mr. Carr is a good counselor but more importantly he wants his students to succeed.

**Maurice Roberson**      **Relationship:** Mentor      **Phone:** (555)555-5555

Mr. Roberson has given me a better understanding of my community. I am part of the Mayor Shaw's Youth Leadership Academy and he is the director. I have gotten to know him from the many things we do amongst my town. All of the service that I have done to my community service he has always been by my side to help. He is a great role model in my life and helps me with whatever I need.

**Thomas L. Pitts**      **Relationship:** Mentor      **Phone:** (555)555-5555

Dr. Pitts is my mentor at the Northwestern Memorial Hospital. He teaches me about what he does in his field. Dr. Pitts is a physician in internal medicine specializing in endocrinology. He is great mentor and always has advice to give me about my different situations. I job shadow him whenever I get the chance, because my goal is to become a physician one day.